



"Vanessa's presentation was professionally delivered, it demonstrated her extensive knowledge of the subject matter. Her approach is sensitive to the needs of her audience and respectful of different values and attitudes. A very well researched and evidence based discourse with witty, inspiring and eye-opening anecdotes that we can all relate to. 'Talking the Talk' is a must for parents and all educators."  
Primary School Principal 2015

## Sexuality and Respectful Relationship Training for Teachers

Successful whole school approach to Sexuality and Respectful Relationship (RR) Education has several essential elements.

Some of these include:

- Parent engagement and education
- Community partnerships
- Leadership commitment and engagement
- **Teacher - led education delivery**

It is widely acknowledged that one of the most significant barriers to the delivery of Sexuality and Respectful Relationship education is teacher's lack of adequate training, confidence and skills

### Why Talking The Talk?

Training is based on 23 years experience supported by current literature and research. Vanessa's expertise provides a unique learning experience that is interactive, safe, fun, conversational, and above all straight to the point. As a small business, TTT differs from the traditional structure of a large organisation that might have varying influences, agendas and levels or expertise in the area of Sexual Health

Talking The Talk provides Sexual Health and Respectful Relationships Training, designed to support Teachers to deliver current curriculum, with a capacity building focus.





# Teacher Training Aims:

- To increase knowledge of Sexuality and RR content and topics
- To create an understating of requirements of the curriculum specific to the specific work place
- To develop an awareness of own personal attitudes and how to manage these & learn about society's attitudes, stereotypes and norms
- To gain comfort and confidence in addressing sexual health with students and school community

## Topics:

- The facts about Human Sexuality
- Focus on Respectful Relationships
- Age appropriate sexual development
- Understanding Diversity
- Child safety
- Myths and fears
- Identifying adults' values & beliefs
- Guidance for addressing curiosity and sexuality questions and conversations
- Supporting children while growing up in a sexualised, technological society
- Lesson planning based on current curriculum
- Linking education to Health and Wellbeing

Find education links and resources here:

[www.talkingthetalksexed.com.au/sexuality-education](http://www.talkingthetalksexed.com.au/sexuality-education)

## Content:

- Childhood sexual behaviour and development
- Body parts and functions
- Body changes
- Periods and menstruation
- Masturbation
- Sexual Attraction
- Sexual diversity and Gender diversity
- Appropriate touch
- Protective behaviours
- Feelings identification and management
- Responding to inappropriate behaviour
- Conception & Contraception, Pregnancy & birth
- STIs
- Respectful Relationships
- Relationships and the Law
- Power relations
- Pornography and popular culture
- Friendships and partnerships
- Appropriate use of technology
- Appropriate Social-Sexual Behaviour
- Education delivery of Sexuality topics

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Sessions are tailored to your requirements

Ranging from 1.5 to 8 hour blocks