

# TALKING THE TALK

## Human Sexuality for Health Professionals What it means for clients & how to talk about it...



Presented by

**Vanessa Hamilton**

24 Years Experience  
Sexual Health Nurse  
Sexuality Educator

In a relatively short session, I will provide a greater understanding of what Human Sexuality is, tips on how to address Sexual Health with clients/patients, and how to respond to questions and difficulties we encounter in our every day work.

The majority of Health Professionals tell me that they have never had any sexual health training and therefore lack skills, information, resources and confidence to address these important issues.

### Session Content:

- What is Human Sexuality
- How General Health and Wellbeing are affected by Sexual Health
- The affects of illness & injury on Sexual Health
- Myths and fears about having conversations with clients
- Options and enhancers to increase Sexual Health
- Taking a Sexual Health history
- Examples include: Stroke, Spinal Cord Injury, Mental Health, ABI, Renal, Cancer and many more

### This session will provide:

- Information about why it is important to address the Sexual Health needs of our clients
- Tips for bringing up the subject of Sexual Health and increasing your own comfort levels
- Strategies for addressing the difficult encounters regarding Sexual Health that we have in our every day work
- Practical examples
- Resources

## Health Professionals Information Pack

Allied Health, Nurses,  
Doctors,

### Presentation at your organisation:

- **You choose a date**
- **You Provide the venue**
- **We provide a flyer & invoice**
- **You advertise to staff**

### Dates:

Based on TTT availability, we do our very best to fit in with your preference.

### Times:

Minimum 1 hour, ideally 90 minutes.

### Advertising Flyer:

Provided by TTT in JPEG and PDF format

### Cost to organisation (inc GST):

\$720 (60 - 90 mins)

### Tickets/RSVPs:

Managed by TTT

Online link provided for participants to RSVP and register their attendance



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